

Cracker Barrel Kids Menu Prices 2026

Meals, Calories, Drinks & More | newcrackerbarrelmenu.com

Cracker Barrel's kids menu delivers affordable, nutritious meals designed specifically for children, combining taste, value, and variety in a single dining experience. This guide covers the kids menu with prices and pictures, from crispy chicken tenders and creamy macaroni and cheese to grilled cheese and breakfast favorites. Prices and availability vary by location and menu updates, so confirm your restaurant's current offerings before ordering.

Kids Menu With Prices

Six core meals, from chicken tenders to a kids cheeseburger, with calories, protein, and example prices. Most items cost between \$4.49 and \$5.99 before any extras. Calories run 200 to 650 depending on the item.

Kids Menu Item	Calories	Protein	Price
Kids Chicken Tenders	410–600	18–25g	\$5.99*
Kids Grilled Cheese	350–500	10–15g	\$4.99*
Kids Macaroni & Cheese	300–550	12–18g	\$4.99*
Kids Mini Pancakes	350–520	8–12g	\$4.99*
Kids Scrambled Eggs	200–320	12–18g	\$4.49*
Kids Cheeseburger	450–650	18–28g	\$5.99*

What Comes With a Kids Meal?

A kids meal gives children a smaller portion that is just right for them. Depending on the item, a kids meal may come with a main dish, a side, and a drink. Popular choices include chicken tenders, grilled cheese, macaroni and cheese, pancakes, scrambled eggs, cheeseburger, fruit and vegetable sides, and breakfast and beverage options. The exact combination can vary, so check the current menu when ordering.

Kids Meals

Kids Meal	Description	Best For
Kids Chicken Tenders	Crispy, easy-to-eat chicken with a familiar flavor	Kids who love chicken
Kids Macaroni & Cheese	Creamy pasta with a classic cheesy flavor	Picky eaters and cheese lovers
Kids Grilled Cheese	Toasted bread with melted cheese	Kids who prefer simple foods
Kids Mini Pancakes	Small, fluffy pancakes with a sweet breakfast flavor	Breakfast lovers
Kids Scrambled Eggs	Soft scrambled eggs with a savory taste	Kids who prefer a traditional breakfast
Kids Cheeseburger	A filling burger with cheese and a soft bun	Older kids and bigger appetites

Kids Breakfast Menu With Prices

Kids Mini Pancakes at about \$4.99 and Kids Scrambled Eggs at about \$4.49. Both are simple, familiar choices with calories ranging from 200 to 520 per serving. Because breakfast is available all day at Cracker Barrel, a kids menu breakfast order works at any meal.

Kids Menu Allergen Guide

The kids menu includes foods made with common allergens such as milk, wheat, soy, and eggs.

Kids Menu Item	Dairy	Wheat/Gluten	Soy	Eggs	Nuts
Chicken Tenders	No	Yes	May contain	May contain	No
Macaroni & Cheese	Yes	Yes	May contain	May contain	No
Grilled Cheese	Yes	Yes	May contain	May contain	No
Mini Pancakes	Yes	Yes	May contain	Yes	No
Scrambled Eggs	May contain	No	May contain	Yes	No
Kids Cheeseburger	Yes	Yes	May contain	May contain	No
Fruit Cup	No	No	No	No	No
Vegetable Side	May vary	May vary	May vary	May vary	May vary

Allergen information can change when recipes, ingredients, or preparation methods are updated.

Kids Menu Calories & Nutrition

Nutrition can vary depending on the exact meal, portion, preparation, and side selected. Instead of looking only at calories, consider the complete meal, including the entrée, sides, and beverage.

Kids Meal	Calories	Protein
Chicken Tenders	410–600	18–25g
Macaroni & Cheese	300–550	12–18g
Grilled Cheese	350–500	10–15g
Mini Pancakes	350–520	8–12g
Scrambled Eggs	200–320	12–18g
Cheeseburger	450–650	18–28g

Kids Menu Deals & Coupons

Deal Type	What It May Include	Availability
Kids Meal Promotions	Special kids meal pricing	Varies
Family Meal Deals	Larger meals for sharing	Varies
Seasonal Promotions	Limited-time offers	Sometimes
Rewards Offers	Member/app promotions	Varies
Email Offers	Promotional discounts	Varies
Takeout Promotions	Deals on selected orders	Varies

Kids Eat Free and Age Limit

Free-kid offers are not part of the standard menu, but limited-time kids promotions sometimes appear, so check the app and your local restaurant for current terms. The kids menu age limit is typically 12 and under, though each restaurant decides at its own location. Ask your server about the age cutoff.

Kids Menu for Picky Eaters

- Kids Who Like Chicken:** Chicken tenders are a great choice for kids who enjoy crispy and familiar chicken.
- Kids Who Love Cheese:** Macaroni and cheese and grilled cheese are good options for children who prefer cheesy meals.
- Kids Who Prefer Breakfast:** Mini pancakes and scrambled eggs are simple breakfast choices that many kids enjoy.
- Kids With Bigger Appetites:** Older children or kids with bigger appetites may prefer a more filling option, such as a cheeseburger.

Kids Menu for Different Ages

Younger children may prefer smaller portions and simple, soft foods, while older kids may enjoy a more filling meal. Choose based on the individual child's needs rather than age alone.

Child's Preference	Possible Choice
Simple foods	Grilled cheese
Soft foods	Macaroni & cheese
Chicken lover	Chicken tenders
Breakfast lover	Mini pancakes
Savory breakfast	Scrambled eggs
Bigger appetite	Cheeseburger

What Is the Best Kids Meal?

The best kids meal depends on what your child likes. Chicken tenders are great for kids who enjoy crispy chicken, while macaroni and cheese and grilled cheese are good for cheese lovers. Mini pancakes are a simple choice for breakfast. For kids with bigger appetites, a cheeseburger can be a more filling option.

Frequently Asked Questions

Does Cracker Barrel have a kids menu?

Yes. Cracker Barrel offers menu options designed for children, including familiar foods such as chicken, macaroni and cheese, grilled cheese, and breakfast favorites.

How much does the Cracker Barrel kids menu cost?

Kids meal prices vary by menu item and location. Check your local Cracker Barrel menu for the latest 2026 prices.

What comes with a Cracker Barrel kids meal?

The meal components depend on the item. Entrées may be paired with side choices and a beverage, depending on the current menu.

Does Cracker Barrel have a kids breakfast menu?

Yes, breakfast-style options are available for children, including choices such as pancakes and scrambled eggs, depending on the current menu.

What is the most popular Cracker Barrel kids meal?

Chicken tenders, macaroni and cheese, grilled cheese, and pancakes are popular choices because they use familiar flavors that many children enjoy.

Can I order Cracker Barrel kids meals to go?

Kids meals may be available for takeout at participating locations. Availability and pricing can vary.

Does Cracker Barrel offer drinks with kids meals?

Drink options depend on the current menu and location. Water, milk, juice, and soft drinks may be available.

Does Cracker Barrel have allergy-friendly kids options?

Some menu items may fit certain dietary needs, but parents should always discuss serious allergies with restaurant staff before ordering.

Is there a Cracker Barrel kid menu with prices?

Yes. The kids menu table lists six meals priced about \$4.49 to \$5.99, with calories and protein. Prices vary by location, so confirm before ordering.

Does Cracker Barrel have a children's menu?

Yes. The children's menu is the kids menu, with smaller portions of chicken tenders, mac and cheese, grilled cheese, pancakes, eggs, and a cheeseburger for young guests.

Is there a Cracker Barrel kids menu PDF?

Yes. Download the kids menu PDF from newcrackerbarrelmenu.com for prices, calories, protein, and allergen notes. Confirm current prices with your local restaurant before ordering.

Do kids eat free at Cracker Barrel?

Free-kid offers are not standard, but limited-time kids promotions can appear. Check the app, your local restaurant, and the daily special menu page for current terms and dates.

What is the Cracker Barrel kids menu age limit?

The kids menu is typically for children 12 and under, but each restaurant sets its own rules. Ask your server about the age cutoff before you order.

Final Thoughts

The Cracker Barrel Kids Menu has plenty of familiar choices, including chicken tenders, macaroni and cheese, grilled cheese, pancakes, eggs, and burgers. Prices and menu options may vary by location, so it's best to check the current local menu before ordering. Overall, Cracker Barrel is a convenient choice for families looking for simple, kid-friendly meals and smaller portions.

Disclaimer: Prices are examples and may vary by location and menu updates. Nutritional values are approximate ranges. Always confirm with your local Cracker Barrel restaurant. More menus at newcrackerbarrelmenu.com.